## Brunswick Cal Ripken Minors Pitching Eligibility Tracking Form

Team

| Date of Game | Pitchers Name | Uniform \# | Pitches Thrown | Innings Pitched | Team Managers Signature | Opp. Managers Signature | Rest Required | \# Days Rest Req. | Next Available After Req. Rest |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  | Y/N |  |  |
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Pitching Limitations: $\mathbf{1}$ to $\mathbf{2 0}$ pitches:No game rest, 21 to $\mathbf{4 0}$ pitches:1 days rest, $\mathbf{4 1}$ to $\mathbf{6 0}$ pitches: $\mathbf{2}$ days rest, $\mathbf{6 1}$ to $\mathbf{7 4}$ pitches: 3 days rest, $\mathbf{7 5}$ plus: $\mathbf{4}$ days rest Exception: If a pitcher reaches the limit while facing a batter, the pitcher may continue to pitch until any one of the following conditions occurs: 1 . That batter reaches base; 2 . That batter is put out; 3 . The third out is made to complete the half-inning.

Maximum 30 pitch count per inning

1. A pitcher may pitch no more than 45 pitches per game in the first 2 outings of the season and no more than 60 pitches per game in the second 2 outings of the season. The rest days and the exception noted in \#1 above still apply. After the pitcher has worked up to 60 pitches in one outing, the regular pitch counts apply
2. A Pitcher may pitch a max of six (6) innings per calendar week as long as the pitch counts stated above are not violated.
3. One (1) pitch thrown in an inning is considered one (1) full inning.
4. The calendar week in Monday through Sunday.
5. A pitcher must have two (2) calendar days rest between pitching assignments if he pitches in more than two (2) innings in any one game.
6. A pitcher may not throw in more than one game in a day regardless of pitch count
7. No pitcher can throw in any three days in a row regardless of pitch count.
8. A pitcher who delivers twenty (20) or more pitches in a game cannot play the position of catcher for the remainder of that day. It is ok for a player to catch and then pitch.

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|  |  |  |  |  |  |  | Y/N |  |  |
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